

# Local musician to swim for SteppingStones

Gary Sredzienski has decided to raise money for SteppingStones by swimming from Portsmouth to the Isles of Shoals...IN JANUARY!!

SteppingStones, part of The Krempels Brain Injury Foundation, is a community-based, day program for people living with brain injury from trauma, tumor or stroke.

Gary is dedicated to supporting The Krempels Brain Injury Foundation and SteppingStones. Show your support of his effort!



**Creek Man**

Date: January  
17, 18 or 19th,  
2008\*



**Accordion  
Warrior**



Where: From Portsmouth to the  
Isles of Shoals

Length: Approximately 6 miles!

\*Actual date to be determined by weather and tides  
Stay informed by checking the websites below.

**Support Gary and this cold, crazy, amazing fundraiser:**



DONATE NOW and learn more at [krempelsfoundation.org](http://krempelsfoundation.org)

BE THERE to welcome Gary back to dry land

Learn more about Gary at [Garysred.com](http://Garysred.com) - Creekman